

CORONAVIRUS (2019-nCoV)

Prevention Steps for Close Contacts

If you have had close contact with someone who is confirmed to have, or being evaluated for, novel coronavirus (2019-nCoV) infection, you should:

- Monitor your health starting from the day you first had close contact with a person who traveled to an area where exposure to COVID-19 may have been likely. Continue for 14 days after you last had close contact with that person or traveled to the area yourself.
- Watch for signs and symptoms, listed below.
- If you develop a fever or any other symptoms, call your healthcare provider right away. Please call ahead so the provider can take appropriate precautions to prevent the spread of infection. Tell the provider your symptoms and about your recent travel history or close contact with someone suspected of having COVID-19.

SYMPTOMS



Coughing



Headache



Runny Nose



Fever



Chills



Sore Throat



Diarrhea



Vomiting

PROTECT YOURSELF

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.



INDIANA DEPARTMENT OF HOMELAND SECURITY

Visit isdh.in.gov/28470.htm for updated news and guidance on this outbreak.

